

Dr. Ardito received his M.D. degree from St George's University School of Medicine in 1987. He received his board Certification in Internal Medicine in 1990, 2000, and 2010. He also attended Seton Hall University, School of Graduate Medical Education.

He also has an impressive Military Background. He was a member of the United States Marine Corps from 1980-1986, the United States Army Reserves from 1989-1996, and is currently becoming a member of the New Jersey National Guard Reserves.

His Scientific interests include the study of Ancient Homo Sapien Population Dispersal based on Population Genetics, Mitochondrial Disease, and the Genetic Evolution of Normal Human Behavior.

His other interests include the study of the Marshall Arts (he is a Third Degree Black Belt in Karate), and flying light aircraft.

He is also actively involved in promoting Medicine and the Sciences as careers to young people.